

Table Hosts: Supporting Families as Leaders

Cafes are events that genuinely value each individuals' perspective, voice and contribution. An essential element of all cafes is that they acknowledge the value of social capital and actively encourage family members who have participated in a Cafe previously to become a Table Host.

Support family members' growth into leadership by offering 1:1 or group orientations to Table Hosting, the Cafe planning process and/or designing mentorship activities into the cafe. Identify future potential table hosts from those who are attending or have attended a cafe.

Characteristics of Table Host:

- ☐ Positive attitude
- ☐ Good listener
- ☐ Compassionate
- ☐ Comfortable with silence
- ☐ Reliable

As table conversations are the key element to a meaningful cafe experience supporting Table Hosts to be confident and competent in their position is key.

Engage each table host in a conversation 1:1, as a team or both and ensuring a clear understanding of

- The Role of a Table Host
- Active Listening Techniques
- The Agenda/Logistics
- The opportunity to role play table hosting and reflect on the experience

Incorporate Table Hosts into the Cafe Planning Team.